

October 2022

***This Institution is an equal Opportunity Provider**

***Milk Is Offered with All Meals: 1% white & Chocolate Skim**

*** Menu Is Subject to Change**

Hot dog w/bun Tater tots Pork and Beans Fruit	3 rd	Italian Dunker Sauce Bread Sticks Lettuce Fruit	4 th	Chicken Nuggets Cubed Potatoes Peas Slice of Bread Garbanzo Beans Fruit	5 th	Quesadillas Lettuce, Tomato, carrot Spanish Rice Refried Beans Fruit	6 th	Pizza Scoops/Salsa Black Bean Salsa Fresh Vegetables Apple/Orange slices	7 th
Chicken Patty On a bun Potato Wedges Green Beans Fruit	10 th	Lasagna Roll ups Garlic Bread Lettuce Salad Carrots Fruit	11 th	Popcorn Chicken Mashed Potatoes Corn Dinner Roll Fruit	12 th	Sub Sandwich Fixings Chips Carrot sticks Fruit	13 th	Taco in a Bag Fixings/Lettuce Spanish Rice Fresh Vegetables Fruit	14 th
Corn Dog Mac and Cheese Lettuce Broccoli Fruit	17 th	Spaghetti /Noodles Garlic Bread Lettuce Carrot sticks Fruit	18 th	Meatballs Mashed Potatoes Dinner Roll Winter Blend Fruit	19 th	20 th No School		21 st No School	
Chicken strips Hash Browns Dinner Roll Carrots Fruit	24 th	BBQ Pork on a bun Au Gratin Potatoes Corn Lettuce Fruit	25 th	Taco Boat Refried Beans Spanish Rice Lettuce/Tomatoes Fruit	26 th	Grilled Cheese Tomato Soup/Chili Crackers Fresh Vegetables Fruit	27 th	Pizza Scoops/Salsa Fresh Vegetables Apple/Orange slices	28 th
Soft Pretzel Cheese Sauce Lettuce Green Beans Fruit	31 st								